



# FAIRMONT SPA PITTSBURGH

## SPA NOURISH MENU

### SMOOTHIES

**Red Berry Smoothie | 14** (GF, NF)  
*Strawberries, Raspberries, Greek Yogurt*

**Vegan Power Protein | 14** (DF, EF, NF)  
*Blueberries, Blue Butterfly Pea Powder, Almond Milk*

### FRESH JUICES

**Tropical Melon Juice | 12** (V, GF)  
*Strawberries, Pineapple, Watermelon, Lemon*

**Green Juice | 12** (V, GF)  
*Spirulina, Spinach, Apple, Celery, Cucumber*

**Golden Rays | 12** (V, GF)  
*Golden Beets, Orange, Carrots*

### SNACKS

**House made Granola Bars | 16** (EF, DF)

**Vanilla Chia Bowl | 16** (V, GF)  
*Coconut, Seasonal Berries, Granola*

**Fruit Plate | 16**  
*Melon, Mixed Berries, Pineapple, Honeycomb*

### SALADS

**Legume Medley Salad | 16** (GF, V, NF)  
*Black and Red Beans, Corn Kernels, Red Onion, Cucumber, Baby Tomato*

**Quinoa Salad | 16** (GF, VE)  
*Chick Peas, Avocado, Sweet Potato, Greens, Sesame Seeds Aioli*

**Roasted Caesar Salad | 17** (NF)  
*Homemade Caesar Dressing, Crouton, Roasted Broccoli*  
*Add Chicken | 9*  
*Add Salmon | 16*

### BENTO BOXES

**Pan Seared Salmon | 38** (DF, NF, EF)  
*Chili Miso Sauce*

**Pita Pocket | 32** (NF)  
*Chickpeas, Arugula, Lentil, Sesame Aioli*

**Plant Base Crab Cakes | 34** (VE)  
*Vegan Tartar Sauce*

**All options come with:**  
*Farro, House Green Salad, Roasted Vegetables*

**Plant Based Fettucine | 28** (V, GF, DF, NF)  
*Veggie Meatballs, Marinara Sauce, Tofu*

**Hummus | 16** (V, DF, NF)  
*Baby Carrots, Cucumber, Lavash, Sweet Potato Chips*

**Vegetarian Pizza | 24** (GF, EF, N)  
*Cauliflower Pizza Crust, Traditional Pizza Sauce, Fresh Mozzarella, Basil*

**Cheese and Charcuterie | 26** (EF, NF)  
*Selection of Local Cheeses and Meats*

**Available between 10:00 AM and 4:00 PM**

**EF** (Egg Free) - **NT** (Nut Free) - **DF** (Dairy Free) - **V** (Vegan) - **VE** (Vegetarian)

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.